

100m

13.4 Margaret Smith 12-Jun-94
13.1 Margaret Smith 23-Apr-95
13.1 Kimberly Canning 07-May-95
13.0 Kimberly Canning 28-Apr-96
12.47 Kimberly Canning 02-Jun-96

200m

27.2 Margaret Smith 12-Jun-94
27.1i Kimberly Canning 30-Jan-95
27.1 Kimberly Canning 23-Apr-95
26.3 Kimberly Canning 04-Jun-95
26.14 Kimberly Canning 09-Jul-95
26.09i Kimberly Canning 14-Jan-96
26.02i Kimberly Canning 04-Feb-96
25.80i Kimberly Canning 04-Feb-96
25.42i Kimberly Canning 24-Feb-96
25.40 Kimberly Canning 05-May-96
25.32 Kimberly Canning 02-Jun-96
25.28 Kimberly Canning 03-Jul-96
25.07 Kimberly Canning 18-Aug-96
24.90 Kimberly Canning 15-Sep-96

400m

71.2 Debbie Kelly 19-Jun-94
70.4 Heather Russell 23-Apr-95
68.6 Heather Russell 13-Aug-95
67.2 Kimberly Canning 10-Sep-95
67.2 Heather Russell 24-May-98
64.6 Angela Smith 25-Apr-99
63.37 Angela Smith 11-May-02
63.00 Lesley Haig 17-Aug-03
58.00 Heather McKay 18-Apr-04

800m

2.27 Tracey Tighe 01-May-94
2.25:0 Nikki Christie 02-May-02
2.24:2 Lesley Haig 23-Apr-03

1500m

5.24 Dawn Sneddon 01-May-94
5.19:2 Karrie Docherty 17-Sep-95
5.17:9 Lesley Fisher 12-May-02
5.17:3 Lesley Fisher 23-Jun-02
5.12:0 Lesley Haig 02-Sep-03
5.11:8 Lesley Haig 06-Jun-04

3000m

12.16 Dianne Thomson 07-Aug-94
12.03 Dianne Thomson 07-May-95
11.56 Dianne Thomson 18-Jun-95
11.47 Dianne Thomson 28-Apr-96
11.35 Dianne Thomson 15-Sep-96
11.28:6 Michelle Love 06-Jun-04

100mH

25.4 Karen Dickie 12-Jun-94
22.3 Karen Dickie 07-May-95
21.8 Karen Dickie 03-Sep-95
21.4 Karen Dickie 09-Jun-96
19.3 Kimberly Canning 15-Jun-97
17.7 Lynsey Rankine 24-May-98

400mH

78.1 Claire McDevitt 29-May-94
73.0 Lynsey Rankine 10-Aug-97

4x100m

56.8 Under 17 Team 01-May-94
54.8 Under 15 Team 07-May-95
54.5 Under 15 Team 13-Aug-95
54.4 Under 15 Team 03-Sep-95
54.2 Under 15 Team 17-Sep-95
53.4 Under 15 Team 05-May-96
52.6 Under 15 Team 15-Sep-96
52.4 Weldon/Canning 01-Jun-97
Rankine/Bennett

4x400m

4.17 Fisher/Ebbs 29-May-94
Dickie/Russell
4.12:9 Haig/Love 06-Jun-04
Christie/McKenna

Long Jump

4.46 Elaine Quinn 19-Jun-94
4.60 Lisa Weldon 09-Jul-95
4.80 Lisa Weldon 02-Jun-96
4.99i Lisa Weldon 01-Feb-97
4.95 Lindsay Murdoch 29-Aug-99

Triple Jump

8.03 Karen Dickie 12-Jun-94
9.38 Lisa Weldon 10-Aug-97
9.87 Lisa Weldon 09-Aug-98

High Jump

1.35 Lesley Jackson 29-May-94
1.42 Lisa Weldon 10-Sep-95
1.42 Michelle Black 10-Sep-95
1.44 Lisa Weldon 15-Sep-96
1.44 Michelle Black 15-Sep-96
1.50 Lisa Weldon 27-Apr-97
1.50 Lynsey Rankine 27-Apr-97
1.55 Lynsey Rankine 10-May-97
1.56 Emma Tannahill 06-Jun-99

Discus

15.02 Susan Silcock 29-May-94
19.25 Suzanne Dickson 04-May-97
29.62 Gail Foote 20-May-01

Javelin

11.54 Susan Silcock 24-Apr-94
13.04 Heather Russell 18-Jun-95
15.86 Heather Russell 03-Sep-95
17.98 Carol Tedman 15-Jun-97
28.25 Jill Overend 22-Apr-01
29.94 Jill Overend 20-May-01

Hammer

11.62 Susan Silcock 12-Jun-94
15.22 Susan Silcock 23-Apr-95
15.64 Jillian Martin 06-Jun-99

Shot Putt

8.90 Elaine Quinn 19-Jun-94