

Senior Men

100m		200m		400m		800m	
10.90 A McKenzie	27/4/03	22.70 T Cunningham	6/4/03	50.00 T Cunningham	2/9/03	1.53:2 I Murdoch	22/6/03
11.31 T Cunningham	11/7/03	22.88 T Cunningham	27/4/03	50.50 T Cunningham	23/4/03	1.59:8 K Geatral	22/6/03
11.33 T Cunningham	11/7/03	22.90 A McKenzie	22/6/03	51.30 T Cunningham	30/8/03	2.00:3 K Dunlop	8/6/03
11.40 F McKenzie	8/6/03	22.96 A McKenzie	27/4/03	52.01 T Cunningham	10/5/03	2.01:00 K Dunlop	27/4/03
11.40 F McKenzie	22/6/03	23.00 T Cunningham	6/4/03	52.35 T Cunningham	27/4/03	2.02:4 K Geatral	27/4/03
11.50 A McKenzie	22/6/03	23.15 T Cunningham	23/7/03	52.40 K Geatral	22/6/03	2.06:55 K Dunlop	11/5/03
11.80 A Milroy	27/4/03	24.20 S Porte	18/5/03	52.40 S Backer	2/9/03	2.07:6 A Russell	8/6/03
12.00 A Milroy	26/8/03	24.20 K Geatral	22/6/03	53.90 S Backer	22/6/03		
12.20 T Nicholson	6/4/03	24.60 A Milroy	6/4/03	53.90 S Backer	30/8/03		
		25.20 T Nicholson	6/4/03	57.60 K Dunlop	27/4/03		
		25.90 B McKay	18/5/03				
		26.60 J McDonald	18/5/03				

1500m		5000m		10,000m		110mH	
3.50:07 I Murdoch	12/7/03	14.58:31 I Murdoch	11/5/03	34.04:6 A Russell	2/8/03	19.40 S Backer	22/6/03
3.50:89 I Murdoch	25/7/03	15.15:6 E Tonner	22/6/03			19.79 S Backer	27/4/03
3.52:94 I Murdoch	31/5/03	15.16:13 I Murdoch	27/4/03			19.80 S Porte	18/5/03
3.56:96 I Murdoch	10/5/03	15.16:40 A Russell	26/8/03				
3.59:98 I Murdoch	27/4/03	15.19:87 A Russell	11/5/03				
4.02:16 J Tonner	27/4/03	15.50:88 A Russell	27/4/03				
4.13:2 A Russell	18/5/03	15.54:55 A Russell	11/7/03				
4.26:1 S Lawley	18/5/03						
4.40:4 J McDonald	18/5/03						
4.46:3 B McKay	18/5/03						

400mH		3000mSC		4x100m		4x400m	
59.27 S Backer	12/7/03	9.42:9 I Murdoch	22/6/03	45.60 SAL	22/6/03	3.31:17 Cunningham/Di	27/4/03
59.70 S Backer	22/6/03	10.35:3 S Lawley	8/6/03	49.10 CSSAL	17/8/03	Geatral/Murdoch	
62.20 S Backer	8/6/03	10.49:2 S Lawley	18/5/03			3.44:9 SAL	22/6/03
63.15 S Backer	27/4/03	12.21:9 S Lawley	27/4/03			3.57:9 CSSAL	18/5/03
69.50 A Milroy	8/6/03	12.30:5 P Kelly	8/6/03				
72.66 T Nicholson	27/4/03	13.14:2 P Kelly	18/5/03				

High Jump		Pole vault		Discus		Shot Putt	
1.75 J Horner	27/4/03	2.00 J Horner	27/4/03	34.38 G Ferguson	20/4/03	12.53 G Ferguson	12/7/03
1.50 G Martin	27/4/03	2.00 P Kelly	27/4/03	34.08 G Ferguson	22/6/03	12.07 G Ferguson	22/6/03
1.50 S Griffin	22/6/03			33.51 G Ferguson	11/5/03	11.75 G Ferguson	11/5/03
1.40 S Lawley	18/5/03			30.20 G Ferguson	27/4/03	11.47 G Ferguson	27/4/03
1.40 D Martin	22/6/03			28.43 G Ferguson	8/6/03	11.32 G Ferguson	20/4/03
				28.12 T Nicholson	22/6/03	6.81 K Geatral	27/4/03
				26.48 I Rowney	8/6/03		
				17.20 S Murphy	27/4/03		
				14.91 T Nicholson	18/5/03		
				12.61 A Milroy	20/4/03		

Hammer		Javelin		Long Jump		Triple Jump	
32.27 G Ferguson	22/6/03	28.00 T Cunningham	27/4/03	5.50 S Backer	22/6/03	11.55 S Backer	27/4/03
30.88 G Ferguson	27/4/03	21.69 G Ferguson	27/4/03	5.34 J Horner	27/4/03	10.98 S Backer	22/6/03
29.71 G Ferguson	8/6/03	17.63 T Nicholson	18/5/03	5.23 A Milroy	27/4/03	10.93 J Horner	27/4/03
27.32 G Ferguson	10/5/03	17.35 G Ferguson	22/6/03	5.18 S Porte	18/5/03	10.54 D Martin	22/6/03
24.43 T Nicholson	22/6/03			5.13 S Backer	8/6/03		
13.46 A Russell	8/6/03			5.00 D Martin	8/6/03		
11.90 A Russell	27/4/03			4.91 T Nicholson	18/5/03		
				4.74 D Martin	22/6/03		

Under 17 Men		200m		400m		800m	
12.20 A Bell	25/5/03	25.00 D Martin	25/5/03	55.80 C Strachan	28/6/03	2.04:32 C Strachan	24/8/03
		25.40 D Martin	18/5/03	56.10 C Strachan	25/5/03	2.04:60 C Strachan	26/8/03
		25.60 A Bell	25/5/03	57.70 G Brown	25/5/03	2.12:11 C Strachan	11/5/03
		25.70 G Brown	18/5/03	59.90 R Penny	17/8/03	2.19:3 G Martin	25/5/03
		25.80 A Bell	28/6/03			2.21:2 R Penny	25/5/03
		26.00 D Martin	28/6/03				
		26.70 D Martin	4/5/03				

1500m		100m H		Javelin		Discus	
4.42:1 G Martin	18/5/03	19.50 C Strachan	18/5/03	16.70 D Martin	4/5/03	12.55 C Strachan	25/5/03
4.43:9 R Penny	28/6/03	20.90 G Brown	4/5/03	18.13 B Struthers	18/5/03	13.86 C Strachan	20/4/03
4.46:3 R Penny	4/5/03	21.20 R McFarlane	18/5/03	32.03 R McFarlane	18/5/03	16.69 G Martin	25/5/03
				28.53 C Stevenson	28/6/03	18.03 B Struthers	20/4/03
				17.73 D Linton	28/6/03		

Shot Putt		Triple Jump		Long Jump		High Jump	
7.63 R McFarlane	18/5/03	11.50 D Martin	25/8/03	5.98 D Martin	20/4/03	1.55 G Martin	20/4/03
6.65 G Martin	18/5/03	10.93 D Martin	25/5/03	5.18 D Martin	28/6/03	1.50 C Strachan	25/5/03
6.42 R McFarlane	20/4/03	10.01 D Martin	18/5/03	5.16 D Martin	4/5/03	1.45 G Martin	25/5/03
6.41 B Struthers	20/4/03	9.57 C Strachan	18/5/03	4.42 A Bell	20/4/03	1.50 G Martin	25/8/03

Under 15 Boys		200m		800m		1500m	
12.20 T Liggit	25/5/03	25.00 T Liggit	25/5/03	2.07:9 G Grieve	2/9/03	4.55:8 G Grieve	10/5/03
12.80 T Liggit	4/5/03	25.40 T Liggit	18/5/03	2.09:98 G Grieve	6/7/03		

27.40 T Liggitt 4/5/03

2.10:80 G Grieve 6/7/03
2.17:2 G Grieve 28/6/03
2.17:3 G Grieve 4/5/03
2.17:9 G Grieve 25/5/03
2.19:24 G Greive 10/5/03
2.24:25 G Greive 10/5/03

High Jump
1.46 G Grieve 28/6/03

Discus
13.63 D Linton 25/5/03

Shot Putt
8.42 T Liggitt 18/5/03
6.70 G Grieve 20/4/03
6.06 D Linton 10/5/03

Long Jump
5.38 T Liggitt 4/5/03
4.76 T Liggitt 18/5/03
3.75 G Grieve 25/5/03

Under 13 Boys

100m
14.05 K Nicholson 30/8/03
14.49 K Nicholson 6/7/03
14.58 K Nicholson 10/5/03
14.60 K Nicholson 6/4/03
14.60 K Nicholson 25/5/03
14.63 K Nicholson 10/5/03
15.60 K Nicholson 4/5/03
18.00 P Stevens 4/5/03

200m
28.70 K Nicholson 30/8/03
28.90 K Nicholson 25/5/03
29.20 K Nicholson 18/5/03
29.59 K Nicholson 6/7/03
29.80 K Nicholson 28/6/03
29.96 K Nicholson 6/7/03
30.26 K Nicholson 10/5/03
33.90 K Nicholson 4/5/03
37.60 I McKnight 4/5/03
37.70 G Sommerville 18/5/03

800m
2.38:5 R McDonald 25/5/03
2.41:2 R McDonald 04/05/03
2.42.0 R McDonald 28/6/03
2.53:7 P Byrne 25/5/03

1500m
5.33:3 R McDonald 18/5/03

75mH
16.70 I McKnight 4/5/03
16.70 C Wallace 18/5/03
17.80 I McKnight 18/5/03

Long Jump
4.16 R McDonald 25/5/03
4.15 R McDonald 28/6/03
4.11 R McDonald 30/8/03
3.90 R McDonald 20/4/03
3.82 R McDonald 4/5/03
3.66 R McDonald 18/5/03
3.28 C Allen 20/4/03
3.00 E Adamson 18/5/03
2.82 K Nicholson 4/5/03

High Jump
1.15 R McDonald 18/5/03

Shot Putt
5.03 I McKnight 20/4/03
4.98 I McKnight 10/5/03

Javelin
16.90 K Nicholson 18/5/03
14.36 D O'Leary 30/8/03
13.90 C Wallace 18/5/03

Under 11 Boys

80m
14.10 L Nicholson 18/5/03

100m
17.30 L Nicholson 6/4/03

800m
2.52:4 B Clarkson 18/5/03
2.57:7 A Campbell 18/5/03

Long Jump
3.25 A Collins 18/5/03
2.45 L Nicholson 18/5/03

Senior Women

100m
13.50 E McCall 17/8/03
14.00 L Haig 17/8/03

200m
27.90 L Haig 18/5/03
28.50 L Haig 17/8/03
29.40 E McCall 17/8/03
29.60 N Christie 18/5/03

400m
63.10 L Haig 17/8/03
63.80 E McCall 17/8/03

800m
2.24:12 L Haig 23/4/03
2.25:34 L Haig 24/7/03
2.26:4 L Haig 17/8/03
2.35:8 M Love 17/8/03

1500m
5.12:0 L Haig 2/9/03
5.29:3 L Haig 18/5/03
5.54:6 N Christie 18/5/03

3000m
12.47:8 N Christie 18/5/03

Shot Putt
7.58 J Overend 20/4/03
6.06 A Smith 20/4/03

Discus
17.28 J Overend 17/8/03

Long Jump
3.62 A Smith 20/4/03
2.84 N Christie 20/4/03

Javelin
27.41 J Overend 20/4/03
3.67 L Haig 18/5/03

High Jump
1.20 A Smith 20/4/03

Under 17 Women

100m
14.50 L Gray 17/8/03

200m
28.00 L Fisher 25/5/03
28.80 L Gray 17/8/03
29.00 L Fisher 28/6/03
29.20 L Gray 18/5/03
30.10 J Wilson 18/5/03
30.80 N Christie 4/5/03
31.10 S Chalmers 17/8/03
32.80 S Chalmers 4/5/03

300m
52.30 N Christie 4/5/03

400m
65.10 N Christie 2/9/03

800m
2.30:89 N Christie 11/5/03
2.34:8 N Christie 4/5/03
2.48:8 S Chalmers 4/5/03
2.39:8 A Ross 17/8/03
3.00:7 N Christie 17/8/03

1500m
5.55:0 S Chalmers 18/5/03
6.31:5 A Ross 18/5/03

800 H
18.10 J McNeil 18/5/03
19.00 A Ross 18/5/03

Discus
15.18 S Chalmers 18/5/03

Shot Putt

6.89 N Christie	17/8/03
5.55 S Chalmers	17/8/03
5.27 A Ross	18/5/03

High Jump

1.40 J McNeil	28/6/03
1.20 J McNeil	20/4/03
1.20 A Ross	20/4/03

Long Jump

3.83 J McNeill	4/5/03
----------------	--------

Under 15 Girls**100m**

14.60 C Stewart	25/5/03
15.00 L Forrest	25/5/03
15.40 C Stewart	4/5/03
15.70 J McNeill	4/5/03

200m

28.30 M Clyde	28/6/03
28.50 M Clyde	18/5/03
29.30 K Scott	25/5/03
30.70 C Stewart	4/5/03
31.40 L Hopkins	18/5/03
31.40 L Hopkins	28/6/03
32.70 L Hopkins	4/5/03
32.80 J McNeil	25/5/03

800m

2.45:4 C Stewart	25/5/03
2.50:2 R Patterson	25/5/03
2.53:2 R Patterson	28/6/03
2.56:3 J McNeill	4/5/03

1500m

6.06:6 R Patterson	30/8/03
6.12:9 R Patterson	18/5/03
6.17:7 C Stewart	18/5/03

75mH

16.10 L Hopkins	18/5/03
16.70 L Hopkins	28/6/03
17.30 J McNeil	18/5/03

High Jump

1.10 J McNeil	10/5/03
---------------	---------

Javelin

10.47 L Forrest	18/5/03
8.47 C Stewart	18/5/03

Shot Putt

5.60 R Patterson	18/5/03
5.53 L Forrest	18/5/03

Long Jump

4.73 M Clyde	28/6/03
4.43 M Clyde	17/8/03
3.80 L Forrest	25/5/03
3.65 R Patterson	28/6/03
3.32 J McNeil	25/5/03

Under 13 Girls**75m**

11.10 L A McKenna	25/5/03
11.40 C Lithgow	28/6/03
11.60 L A McKenna	4/5/03
12.60 A Gordon	25/5/03
12.70 A Gordon	4/5/03

100m

14.42 L A McKenna	11/5/03
14.59 L A McKenna	6/7/03
14.61 L A McKenna	11/5/03
15.10 L A McKenna	30/8/03
15.20 E Pringle	17/8/03

150m

22.70 L A McKenna	25/5/03
23.00 C Lithgow	28/6/03
24.70 L A McKenna	4/5/03
24.80 E Pringle	4/5/03
25.30 A Gordon	28/6/03
25.90 A Gordon	25/5/03

200m

31.60 L A McKenna	18/5/03
32.70 E Pringle	17/8/03
34.70 F Parkin	18/5/03

800m

2.54:6 K Appleton	25/5/03
2.57:1 E Burns	18/5/03
3.01:2 K Appleton	18/5/03
3.01:9 K Appleton	4/5/03
3.14:1 F Parkin	4/5/03

1200m

5.08:2 F Parkin	28/6/03
-----------------	---------

70m H

14.80 E Pringle	18/5/03
21.40 S Gardiner	18/5/03

High Jump

1.35 E Burns	30/8/03
1.28 E Burns	18/5/03
1.10 C Leith	20/4/03
1.10 F Parkin	20/4/03
1.00 C Leith	18/5/03

Long Jump

4.06 L A McKenna	11/5/03
3.99 L A McKenna	25/5/03
3.78 L A McKenna	6/7/03
3.66 L A McKenna	4/5/03
3.62 L A McKenna	3/8/03
3.59 E Pringle	28/6/03
3.45 F Parkin	3/8/03
3.13 A Gordon	28/6/03
3.09 A Gordon	25/5/03
3.04 A Gordon	4/5/03

Shot Putt

5.36 S Gardiner	18/5/03
5.03 A Gordon	18/5/03

Under 11 Girls**80m**

13.60 R Meehan	18/5/03
14.20 R Jeffries	18/5/03

800m

3.12:4 R Meehan	18/5/03
3.40:6 E Clarkson	18/5/03

Long Jump

2.74 R Meehan	18/5/03
2.49 E Lindsay	20/4/03
1.96 S Hamilton	18/5/03