

1	S Wylie	Ron Hill Cambuslang	Senior Male	48.25
2	J Reid	Ron Hill Cambuslang	Senior Male	48.51
3	A Adams	Clydesdale	Senior Male	48.52
4	D Gardiner	Racing Club Edinburgh	Senior Male	52.02
5	P Arcari	Kilbarchan	Senior Male	53.08
6	R Gilroy	Hamilton Harriers	Senior Male	53.51
7	D Thom	Ron Hill Cambuslang	Male Vet 40	53.54
8	C McDougall	Ron Hill Cambuslang	Male Vet 50	54.11
9	J Hanratty	Clydesdale	Male Vet 50	55.27
10	P Harte	Giffnock North	Senior Male	55.34
11	J McMonagle	Calderglen	Senior Male	55.45
12	I Millar	Giffnock North	Senior Male	55.46
13	J Burns	Unattached	Senior Male	55.49
14	M MacColl	Westrlands	Senior Male	55.56
15	T Thomson	Pitreavie	Lady Vet 35	56.11
16	J Murdoch	Fife AC	Male Vet 40	56.16
17	I Cullen	Garscube	Senior Male	56.20
18	A MacLachlan	Unattached	Male Vet 40	56.20
19	G Allsop	Arran Runers	Senior Male	56.32
20	D Condra	East Kilbride	Male Vet 40	56.35
21	M O'Donnell	Unattached	Senior Male	56.40
22	R Young	Clydebank	Male Vet 55	57.00
23	C Ross	Dundee Hawkhill	Male Vet 45	57.10
24	A Ironside	Forfar Road Runners	Male Vet 40	57.19
25	F Yeoman	Dumbarton AC	Male Vet 55	57.37
26	D Boal	Bellahouston	Senior Male	57.51
27	D McGrougan	Scottish Prison Service	Senior Male	57.53
28	J White	Irvine	Male Vet 50	58.22
29	R Mill	Fife AC	Male Vet 45	58.24
30	J McFadyen	Bellahouston	Senior Male	59.05
31	E McBrinn	Shettleston Ladies	Lady Vet 35	59.09
32	J Norton	Shettleston Harriers	Male Vet 45	59.10
33	A Fleming	Dumbarton AC	Senior Male	59.24
34	B Campbell	Hamilton Harriers	Male Vet 55	59.39
35	M Whitelaw	Annan & District	Senior Male	59.55
36	W Dyet	Armadale AAC	Male Vet 40	59.57
37	P Russell	Ron Hill Cambuslang	Senior Male	60.05
38	E McKay	Garscube	male Vet 40	60.09
39	J Rowley	Law & District	Male Vet 55	60.11
40	T Feeney	Scottish Vets	Male Vet 50	60.25
41	D Geddes	Garscube	Male Vet 45	60.29
42	S Waugh	Scottish Vets	Male Vet 50	61.27
43	P Cartwright	Clydesdale	Male Vet 60	61.36
44	B Clark	Dumbarton AC	Senior Male	61.39
45	D Burns	West Dumartonshire		61.42
46	A Whyte	Unattached	Senior Male	61.52
47	J Scott	Portobello	Male Vet 45	62.08
48	J Murphy	Annan & District	Male Vet 40	62.10
49	C MacWilliam	Kirkintilloch Olympians	Senior Male	62.20
50	C Upson	Westerlands	Senior Male	62.22
51	S Gibson	Calderglen	Senior Male	62.24
52	R Livingstone	Perth Road Runers	Male Vet 45	62.26
53	H Watson	Shettleston Harriers	Male Vet 55	62.29
54	A Ramage	Law & District	Senior Male	62.56

55	R McEwan	Bellahouston	Male Vet 45	63.00
56	P Smith	Unattached	Male Vet 50	63.11
57	D Hamilton	Unattached	Male Vet 50	63.29
58	D McLeary	Law & District	Senior Male	63.42
59	J Galbraith	Giffnock North	Male Vet 40	63.47
60	D Gunstone	Fife AC	Male Vet 50	63.56
61	M Myant	Giffnock North	Male Vet 50	64.00
62	J Miller	Motherwell AC	Lady Vet 35	64.07
63	J Henderson	Springburn	Senior Male	64.10
64	J Buick	City of Edinburgh	Senior Male	64.12
65	M McGinley	Kilbarchan	Male Vet 40	64.18
66	H Milar	Giffnock North	Lady Vet 35	64.25
67	M McCutcheon	Giffnock North	Lady Vet 35	64.46
68	A Shaw	Giffnock North	Male Vet 65	64.55
69	A Douglas	Strathaven	Male Vet 45	65.04
70	G Lines	Unattached	Senior Male	65.12
71	J Allan	Strathclyde R R	Male Vet 45	65.02
72	C Couper	Stirling Triathlon	Senior Lady	65.12
73	M McVey	Giffnock North	Lady Vet 35	65.30
74	C McCaig	Unattached	Sen Male	65.33
75	S Sommerville	Dumbarton AC	Male Vet 40	65.48
76	N Thomson	Kilbarchan	Male Vet 55	65.50
77	I Cockburn	Unattached	Sen Male	65.52
78	C Maxwell	Unattached	Sen Male	66.00
79	S Cromar	Dundee Hawkhill	Male Vet 60	66.01
80	A Kidd	Larkhall YMCA	Male Vet 40	66.09
81	M Ritchie	Unattached	Sen Male	66.18
82	J Riley	Motherwell AC	Male Vet 40	66.37
83	T McConnel	Millburn Harriers	Male Vet 45	66.47
84	M McChord	Scottish Vets	Lady Vet 35	66.49
85	D Galbraith	Giffnock North	Lady Vet 35	66.50
86	S Stewart	Bellahouston	Sen Lady	66.55
87	H Bradley	Anster Haddies	Lady Vet 35	67.00
88	A Mooney	Unattached	Sen Male	67.10
89	A Holmes	Unattached	Sen Male	67.14
90	H Akers	Garscube	Lady Vet 35	67.38
91	J Holmes	Calderglen	Sen Male	67.57
92	A Brownlie	Unattached	Male Vet 45	68.03
93	J Kennedy	Portobello	Sen Lady	68.05
94	M Hydes	Kilbarchan	Sen Male	68.23
95	R McReadie	Unattached	Male Vet 45	68.29
96	S Peacock	Glenpark	Sen Male	68.32
97	D McDonald	Hunters Bog Trotters	Lady Vet35	68.44
98	E Boyle	Dumbarton AC	Lady Vet 35	68.58
99	L Mitchell	Unattached	Sen Lady	69.04
100	F Nelson	Unattached	Male Vet 50	69.23
101	D Cowan	Motherwell AC	Male Vet 45	69.34
102	P Burns	Millburn Harriers	Male Vet 45	69.37
103	C Barbour	Law & District	Male Vet 45	69.49
104	C McLennan	Kirkintilloch Olympians	Male Vet 40	69.56
105	L Hopper	Annan & District	Lady Vet 35	70.01
106	K Young	Portobello	Lady Vet 35	70.04
107	T Grady	Unattached	Male Vet 45	70.10
108	K Reid	Unattached	Male Vet 40	70.23
109	D McCaffer	Motherwell AC	Male Vet 55	70.45

110	K Harper	Unattached	Male Vet 40	71.28
111	A Forbes	Unattached	Male Vet 45	71.33
112	J Bruce	Stornoway RC	Male Vet 50	71.58
113	J McLean	Unattached	Sen Male	72.00
114	J Waters	Millburn Harriers	Sen Male	72.15
115	A McDougall	Unattached	Male Vet 40	72.24
116	W Hamill	Hamilton Harriers	Male Vet 70	72.27
117	A Waters	Unattached	Sen Male	72.31
118	C Legg	Annan & District	Lady Vet 35	72.33
119	S Addison	Scottish Vets	Lady Vet 35	72.42
120	L Pearson	Clydesdale	Male Vet 55	73.05
121	T Wilson	Strathaven	Male Vet 55	73.05
122	M Anderson	Giffnock North	Lady Vet 35	73.19
123	G Hartley	Garscube	Sen Male	73.26
124	L McLean	Unattached	Sen Lady	73.37
125	J Mullen	Motherwell AC	Male Vet 50	73.51
126	J Neil	Unattached	Sen Male	74.04
127	D Wardrope	Giffnock North	Sen Male	74.14
128	D Barr	Unattached	Sen Male	74.15
129	G Inglis	Springburn	Male Vet 60	74.16
130	P Byrers	Scottish Vets	Male Vet 55	74.16
131	D Logan	Giffnock North	Male Vet 45	74.27
132	B Leonard	Unattached	Sen Male	74.29
133	D Kelly	Hamilton Harriers	Male Vet 40	74.30
134	K Gilmour	Unattached	Male Vet 45	74.32
135	S Stenton	Unattached	Sen Male	74.43
136	S Conroy	Unattached	Sen Lady	74.45
137	R Bell	Strathaven	Lady Vet 35	75.18
138	M Murray	Unattached	Lady Vet 35	75.40
139	M Hunter	Unattached	Sen Male	75.46
140	M Heraghty	Giffnock North	Lady Vet 35	75.53
141	D Turnbull	Westerlands	Lady Vet 35	75.58
142	E Burns	Ron Hill Cambuslang	Male Vet 65	76.01
143	N Hare	Scottish Vets	Male Vet 60	76.06
144	J Maley	Giffnock North	Lady Vet 35	76.07
145	D McIndewar	Millburn Harriers	Male Vet 45	76.08
146	E Ramage	East Kilbride	Male Vet 45	76.13
147	L Edwards	Unattached	Male Vet 45	76.20
148	M McCahon	Unattached	Lady Vet 35	76.25
149	E Phillips	Motherwell AC	Male Vet 45	76.38
150	E Sommerville	Millburn Harriers	Sen Lady	76.39
151	J Nicol	Giffnock North	Lady Vet 35	76.52
152	I Mcfadyen	Unattached	Sen Male	76.53
153	D McCarte	Unattached	Lady Vet 35	76.55
154	L Rice	Lasswade	Sen Lady	77.11
155	B Ferguson	Unattached	Sen Male	77.49
156	P Davies	Scottish Athletics	Male Vet 60	77.52
157	G Tait	Scottish Vets	Male Vet 60	77.52
158	M Deas	Scottish Vets	Lady Vet 35	78.21
159	S Telfer	Unattached	Sen Male	78.28
160	I Comley	Giffnock North	Lady Vet 35	78.33
161	M Buchanan	Calderglen	Male vet 50	78.41
162	S Sibbald	Scottish Prison Service	Sen Male	79.32
163	P Allan	Motherwell AC	Lady Vet 35	79.36
164	G Leitch	Unattached	Sen Male	80.24

165 P Davies	Unattached	Sen Male	80.55
166 M Moffat	Motherwell AC	Male Vet 5	81.30
167 M Allison	Strathaven	Lady Vet 35	81.44
168 R Brand	Unattached	Male Vet 40	82.19
169 A McIntosh	Unattached	Lady Vet 35	84.28
170 R Mills	Calderglen	Sen Male	85.04
171 D Greer	Unattached	Sen Male	85.27
172 R Devlin	Scottish Vets	Male Vet 45	86.05
173 B Proudfoot	Unattached	Mlae Vet 55	87.06
174 J Robertson	Millburn Harriers	Male Vet 60	87.17
175 C Coyne	Millburn Harriers	Male Vet 55	87.40
176 J Wainwright	Perth Road Runers	Lady Vet 35	88.36
177 J McIntyre	Millburn Harriers	Male Vet 65	88.46
178 I Phillips	Millburn Harriers	Lady Vet 35	89.28
179 L Long	Unattached	Male Vet 45	91.12
180 C Livingstone	Perth Road Runers	Lady Vet 35	91.32
181 K Munro	Unattached	Male Vet 70	95.16
183 W Drysdale	Law & District	Male Vet 65	96.32
184 E Brown	Unattached	Lady Vet 35	98.06
185 L Leitch	Unattached	Sen Lady	98.06
182 A Duncan	Stornoway RC	Male Vet 70	136.00